

Tapas

TAPAS PLATTERS

IDEAL TO SHARE AS A STARTER
FOR TWO OR FOR ONE AS A MEAL

MEAT

Soy marinated flat iron steak, French fries, tomato salsa gf

Chicken katsu curry, panko crumbed chicken, rice

Scotch egg with homemade salad cream

..... 16.95

FISH

Baked hake on prawns with Swiss Chard and cubed potatoes gf

Beer battered fish (catch of the day) and tartare sauce

Gin cured salmon, salt roasted beetroot with lime,
pickled cucumber and a chilli crème fraîche gf

..... 17.95

MEAT & FISH

Soy marinated flat iron steak, French fries, tomato salsa gf

Pan fried scallops with chorizo, potatoes and pea mayo

Gin cured salmon, salt roasted beetroot with lime,
pickled cucumber and a chilli crème fraîche gf

..... 17.95

VEGETARIAN

Winter Superfood salad vegan gf

Blue cheese arancini, balsamic caramelised
onions, crisp sweet potato and cress salad v

Thai yellow vegetable curry, wild rice pilaf vegan v

..... 14.95

VEGAN

Winter Superfood salad vegan gf

Thai yellow roast vegetable curry, wild rice pilaf rice v vegan gf

Sweet carrot and red onion bhajis, mint yoghurt vegan v gf

..... 14.95

OPENING TIMES

MONDAY	12:00PM - 11:00PM
TUESDAY	12:00PM - 11:00PM
WEDNESDAY	12:00PM - 11:00PM
THURSDAY	12:00PM - 11:00PM
FRIDAY	12:00PM - 1:00AM
SATURDAY	12:00PM - 1:00AM
SUNDAY	12:00PM - 10:00PM

SUNDAY MENU

AVAILABLE FROM 12PM - 8PM

2 COURSE £18.95 | 3 COURSE £23.95

AFTERNOON TEA

SERVED DAILY 3PM - 5PM

Book
today

TALK TO US

TEL 01228 210241

OR EMAIL PENNYBLUE@THEHALSTON.COM

PENNYBLUE FOOD & LOUNGE

THE HALSTON, 20-34 WARWICK RD, CARLISLE CA1 1AB

PENNYBLUECARLISLE.COM



2018/6

MENU



SNACKS

Glazed bread, oils v	3.50
Glazed bread, hummus, pesto and balsamic onions v	4.50
Mixed olives v vegan gf	3.50
Pigs in blankets with honey mustard	4.95
Sea salted roasted assorted nuts v gf vegan	3.50
Cumbrian air-dried ham, olives, sun blush tomatoes, feta, pickled onions, roast fig, hummus, olive oil, sourdough	12.95

MAINS

CHICKEN KATSU CURRY

Rice, fried egg, pickled vegetables, katsu sauce	13.95
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PORK BURGER TOPPED WITH PULLED HAM HOCK

Monterey Jack cheese and bacon jam in a multigrain brioche with hand cut chips	12.95
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9OZ FLAT IRON STEAK

Grilled tomato, peppercorn sauce, hand cut chips gf	13.95
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ALE BATTERED FISH (CATCH OF THE DAY)

Pea mayo, tartare sauce, hand cut chips	6.95 / 12.95
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SIDES

Onion rings v	3.50
Sweet potato fries vegan v gf	3.50
Hand cut chips vegan v gf	3.50
Cajun and smoked paprika hand cut chips vegan v gf	3.50
Grilled vegetables vegan v gf	4.95
Winter garden quinoa salad with Halston vinaigrette vegan v gf	3.95
Blue cheese or peppercorn sauce	1.95

À la carte

STARTERS

Roast butternut squash and tarragon soup with crusty bread v	5.95
Pan fried scallops with chorizo, potatoes and pea mayo	8.95
Gin cured salmon, salt roasted beetroot with lime, pickled cucumber and a chilli crème fraîche gf	7.95
Blue cheese arancini, balsamic caramelised onions, crisp sweet potato and cress salad v	7.50
Sweet carrot and red onion bhajis, mint yoghurt vegan v gf	7.50
Cumbrian air dried ham, watermelon, apple, balsamic rocket salad gf	7.95
Scotch egg with homemade salad cream	6.50

MAINS

10 OZ WAGYU RIB EYE STEAK

Onion rings, hand cut chips, grilled vegetables	26.95
..... add sauce: Peppercorn or blue cheese	1.95

ROAST LAMB CUTLETS

Shredded confit lamb shoulder, courgette, mashed potatoes, roast carrot, red currant and ras el hanout glaze gf	16.95
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CHAR GRILLED STEAK

Wild mushroom and butternut squash orzotto (pearl barley risotto)	14.95
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BAKED HAKE ON PRAWNS

Swiss Chard and cubed potatoes, roast baby plum tomato, braised cucumber with a tomato sauce gf	15.95
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STUFFED CHICKEN

With brioche and broccoli cheese, baby corn, roast garlic mash, Madeira jus	15.50
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THAI YELLOW VEGETABLE CURRY

Wild rice pilaf vegan v gf	14.95
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SALADS

CHICKEN CAESAR SALAD	12.95
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WINTER SUPERFOOD SALAD

With broccoli, mixed beans, avocado, spinach, quinoa, date, almonds, sweet pea, pine nuts, pecans and soft herbs with a citrus dressing vegan gf v	8.95
..... add flat iron steak gf	3.95
..... add chicken gf	2.95
..... add feta cheese gf v	2.50

Salads & Sandwiches

SANDWICHES AVAILABLE 12 - 4PM

STEAK, BLUE CHEESE AND AFALFA SUB ROLL

With hand cut chips	8.95
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SALT ROASTED BEETROOT, GOATS CHEESE, TOASTED PINE NUT AND ROCKET SALAD

Open sandwich v	6.50
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HAM HOCK

With piccalilli, and melted cheddar in a wholemeal brioche roll	7.00
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RUSTIC CHEESE SAVOURY

On wholegrain bread	5.95
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ADD SOUP

	4.50
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ADD HAND CUT CHIPS

OR SWEET POTATO FRIES v gf	3.00
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ALLERGY INFORMATION

v VEGETARIAN gf GLUTEN FREE

We cannot 100% guarantee that any of the dishes are nut free. Please ask a member of staff for more information. On occasion the menu may be subject to change.

Bar Menu